

**Gastroenterology Specialist of the Treasure Coast, Inc.,**

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Standard Preparation for the Colonoscopy Exam using Plenvue Prep

Name \_\_\_\_\_

Date/Time of Procedure \_\_\_\_\_ Time of Arrival \_\_\_\_\_

1. You must stay on a **clear liquid diet** for the **entire** day before the procedure, (Clear broth, jello, Gatorade, apple juice, water, ginger ale, etc). Do not take red liquids. **Do not eat or drink anything by mouth after Midnight before your exam.**
2. **Dose 1 : Start at 9pm the day before the procedure** – Using the provided container, mix the contents of Dose 1 with 16oz cold water until dissolved. Drink this dose within 30 minutes. Drink an additional 16oz of any clear liquid within 30 minutes.
3. **Dose 2 : Starting at 3am the morning of the procedure** – Mix Pouch A and Pouch B with 16 oz of cold water in mixing container until dissolved, then drink over 30 minutes. Then drink another 16oz of any clear liquid over 30 minutes.
4. You may take your heart medications and blood pressure medications with a small sip of water on the day of the exam.
5. If you are Diabetic, do not take any oral Diabetic medications the day before or the day of the procedure. Insulin dosing will be based on blood sugar results.
6. Stop Coumadin 5 days before the exam. Stop Aspirin and all Aspirin containing agents on **attached list** 7 days before the exam
7. You must have someone accompany you to and from the procedure. You are prohibited from driving until 24 hours after the procedure. This is for your protection and the protection of others since the medications used before and during the procedure may cause you to still feel relaxed or sedated after the exam.
8. Call **1-855-MY-PLENVUE** for any questions related to this product.

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## Blood Thinners

Stop all medications on list starting **7 days** before your colonoscopy and/or endoscopy procedure.  
Coumadin **5 days** before your procedure.

### Non-Prescription Products

Advil	Buffinol	Duradyne	Momentum	Salacol
Aleve	Buf-Tabs	Easprin	Mono-Gesic	Sine-Aid
Alka Seltzer	Butazolidin	Ecotrin	Motrin	Sine-Off
Anacin	Cama Arthritis	Efficin	Naprosyn	Sinetab
Anasaid	Cataflam	Emargin	Neocylaate	Stanback
Anodynos	Celebrex	Empirin	Nuprin	Supak
APC Tablets	Cold remedies	Excedrin	Orudis	Synalogs
Arthralgen	containing aspirin	Gaysal S	Oruvail	Triaminicin
Arthritis Pain	Congesprin	Gelpirin	Os-Cal-Gesic	Trigesic
Arthropan Liquid	Cope	Genpirin	Pabalate	Uracel
Asacol	Cospirin	Gemisin	Pamprin	Ursinus Inlay Tab
ASA Tabs Ascriptin	Coricidin	Goody Powder	Panalgesic	Vanquish
Asperbuf	CP-2	Ibuprofen	Pepto-Bismol	Verin
Aspergum	Darvon	Indocin	Persistin	Viro-Med
Aspirin	Dasin	Indomethacin	Quiet World	Zoman
Bayer	Daypro	Magnaprin	Robaxin	4 Way Cold Tabs
BC Powder & Tabs	Dinol	Measurin	S-A-C Tab	
Bufferin	Doan's	Medipren	St. Joseph Tab	
Buffets II	Drisfan	Midol	Saletto	
	Duoprin S	Mobigesic	Salflex	

### Prescription Products

Aggrenox	Dicumerol	Lodine	Norgesic & Forte	Sk-65 Compound
Anaprox	Diflunisal	Lovenox	Oxaprozin	Sulindal
Anaprox-DX	Disalcid	Magan	Pabalate-SF	Synalogs-DC
Ansaid	Dolobid	Magsal	Persantine	Talwin
Argesic	Durasal	Mamal	Percodan	Ticlic
Arthrotec	Dypryridamole	Mexlofenanmate	Piroxicam	Tolectin
Ascription Codeine	Empirin Codenine	Meclomen	Plavix	Tolmetin
Acotal	Etodolac	Mefenamic Acid	Pletal	Toradol
Bextra	Equagesic	Methocarbamol	Ponstel	Trendar
Buff-A-Comp	Feldene	Micranin	Propoxyphene	Trental
Bufferin Codeine	Fenoprofen	Mobic	Relafen	Trilisate
Clinoril	Florinal	Nabumetone	Robaxisal	Warfarin
Coumadin	Flurbiprofen	Nalfon	Rofexovib	Valdecob
Darvon ASA	Heperin	Naproxen	Ruffen	Voltaren
Dayplo	Ketololac	Napselan	Salsate	Zorpirin
Diclofenol	Ketoprofen	Neoprofen	Some with Codeine	

### Herbs

Cayenne	Dong Quai	Ginko Biloba	Gugul	Willow Bark
Cloves	Garlic	Ginseng	Onions	Wintergreen
Coleus	Ginger	Grape Seed Extract	Meadowsweet	

### Vitamin: Vitamin E