

## Gastroenterology Specialist of the Treasure Coast, Inc.

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### Standard Preparation for the Colonoscopy Exam using Sutab

Name \_\_\_\_\_

Date/Time of Procedure \_\_\_\_\_ Time of Arrival \_\_\_\_\_

1. You must stay on a **clear liquid diet** for the **entire** day before the procedure, No solids! (Clear broth, jello, Gatorade, apple juice, water, ginger ale, etc). Do not take red liquids.
  - **Do not eat or drink anything, other than tablets and water, after Midnight!**
2. Dose 1: **Start at 9 pm the evening before the procedure** – Fill the provided container with 16 ounces of water (up to the fill line). Swallow one tablet every **2 minutes** with a sip of water from the container until you finish all 12 tablets and the water.
  - If you become uncomfortable, take the tablets and water slower
3. Approximately **1 hour after** the last tablet is swallowed, drink another 32 ounces of water spaced out **over 1 hour**.
4. Dose 2: **Start at 3 am the morning of the procedure** and Repeat steps 2-3 as directed.
5. If you are Diabetic, do not take any oral Diabetic medications the day before or the day of the procedure. Insulin dosing will be based on blood sugar results.
6. Stop Aspirin and all Aspirin containing agents on **attached list** 7 days before the exam. Stop Coumadin 5 days before the exam.
7. You must have someone accompany you to and from the procedure. You are prohibited from driving until 24 hours after the procedure. This is for your protection and the protection of others since the medications used before and during the procedure may cause you to sill feel relaxed or sedated after the exam.

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## Blood Thinners

Stop all medications on list starting **7 days** before your colonoscopy and/or endoscopy procedure.  
Stop Coumadin **5 days** before your procedure.

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### Non-Prescription Products

Advil	Buffinol	Duradyne	Momentum	Salacol
Aleve	Buf-Tabs	Easprin	Mono-Gesic	Sine-Aid
Alka Seltzer	Butazolidin	Ecotrin	Motrin	Sine-Off
Anacin	Cama Arthritis	Efficin	Naprosyn	Sinetab
Anasaid	Cataflam	Emargin	Neocylaate	Stanback
Anodynos	Celebrex	Empirin	Nuprin	Supak
APC Tablets	Cold remedies	Excedrin	Orudis	Synalogs
Arthralgen	containing aspirin	Gaysal S	Oruvail	Triaminicin
Arthritis Pain	Congesprin	Gelpirin	Os-Cal-Gesic	Trigesic
Arthropan Liquid	Cope	Genpirin	Pabalate	Uracel
Asacol	Cospirin	Gemisin	Pamprin	Ursinus Inlay Tab
ASA Tabs Ascriptin	Coricidin	Goody Powder	Panalgesic	Vanquish
Asperbuf	CP-2	Ibuprofen	Pepto-Bismol	Verin
Aspergum	Darvon	Indocin	Persistin	Viro-Med
Aspirin	Dasin	Indomethacin	Quiet World	Zoman
Bayer	Daypro	Magnaprin	Robaxin	4 Way Cold Tabs
BC Powder & Tabs	Dinol	Measurin	S-A-C Tab	
Bufferin	Doan's	Medipren	St. Joseph Tab	
Buffets II	Drisfan	Midol	Saletto	
	Duoprin S	Mobigesic	Salflex	

### Prescription Products

Aggrenox	Dicumerol	Lodine	Norgesic & Forte	Sk-65 Compound
Anaprox	Diflunisal	Lovenox	Oxaprozin	Sulindal
Anaprox-DX	Disalcid	Magan	Pabalate-SF	Synalgos-DC
Ansaid	Dolobid	Magsal	Persantine	Talwin
Argesic	Durasal	Mamal	Percodan	Ticlic
Arthrotec	Dypridamole	Mexlofenanmate	Piroxicam	Tolectin
Ascription Codeine	Empirin Codeine	Meclomen	Plavix	Tolmetin
Acotal	Etodolac	Mefenamic Acid	Pletal	Toradol
Bextra	Equagesic	Methocarbamol	Ponstel	Trendar
Buff-A-Comp	Feldene	Micranin	Propoxyphene	Trental
Bufferin Codeine	Fenoprofen	Mobic	Relafen	Trilisate
Clinoril	Florinal	Nabumetone	Robaxial	Warfarin
Coumadin	Flurbiprofen	Nalfon	Rofexovib	Valdecob
Darvon ASA	Heperin	Naproxen	Ruffen	Voltaren
Dayplo	Ketololac	Napselan	Salsate	Zorpirin
Diclofenol	Ketoprofen	Neoprofen	Some with Codeine	

### Herbs

Cayenne	Dong Quai	Ginko Biloba	Gugul	Willow Bark
Cloves	Garlic	Ginseng	Onions	Wintergreen
Coleus	Ginger	Grape Seed Extract	Meadowsweet	

### Vitamin: Vitamin E